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-FOR IMMEDIATE RELEASE-

Registrations Still Available for 100% Grassfed Dairy Field Day on June 20

Learn more about 100% grassfed nutrition and managed grazing from Ian Mitchell-Innes, Mark Bader, Ned MacArthur, and Forrest Stricker at Stricker's Spring Creek Farms at this field day slated for June 20 from 9 am to 3 pm. Sponsored by Lancaster County Graziers and Pennsylvania Certified Organic, the field day is located at 3880 N Church St, Wernersville, PA.

Forrest Stricker has been grazing his dairy cows since 1993, and he was certified organic by PCO in 1999. Forrest adopted Ian's taller grazing techniques after hearing him speak in May 2011. No grain has been fed to calves or cows since April 2011. The 135 cow dairy herd is supplemented with Mark Bader's CornerPost, molasses and soybean oil at varying amounts throughout the year depending on the grass maturity stage.

The day includes a pasture walk with Ian Mitchell-Innes, observing cows grazing, pasture condition ahead and behind the cows, cow condition and behavior. He will be in the pastures with Stricker's dairy herd discussing how to optimize animal performance, pasture growth and soil biology without supplementing the cows with grain. The day also includes a discussion on 100% grass-fed milk markets in the Northeast, and energy supplements for forage-based cows during different times of the year. Lunch is included.

Registration fees are \$150 for the first person and \$50 for additional persons from same farm. To register call Lia at 814-422-0251 or register and pay online at <http://www.paorganic.org/education/june-20-ian-mitchell-innes>

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Pennsylvania Certified Organic (PCO) is a non-profit organization that educates and certifies organic growers and handlers in Pennsylvania and the surrounding region. PCO certifies more than 600 farming and food production operations, including produce, field crops, herbs, wild crops, dairy products, poultry products, value-added products, livestock, mushrooms, maple, snack foods, coffee, tea, cosmetics, and more.

PCO is accredited by the USDA and offers certification to the USDA, Canadian and European Union organic programs.

To learn more about PCO or to apply for organic certification, call 814-422-0251 or visit our website at www.paorganic.org.